

# THE CHILDREN'S CIRCLE PRESCHOOL ALLERGY RESPONSE PLAN

The Children's Circle seeks to continue to maintain a safe environment for all children enrolled in our program. The following allergy response policy has been developed by the CC advisory board to acknowledge and respond to the wide variety of allergic reactions possible within the context of the school setting.

## Responsibilities of the Parents/Physicians

#### Before the child enters school

- 1. Notify the school of the child's allergies.
- 2. Work with the school staff to develop a plan that accommodates the child's needs at school.
- 3. Provide written medical documentation, instructions and medications as directed and signed by the child's physician, including the CC Allergy Action Plan and Allergy Alert Form with photo of child attached.
- 4. Provide properly labeled medications and replace medications after use or upon expiration.
- 5. Educate the child as developmentally appropriate in self management of their particular allergy including:
  - a. Safe and unsafe foods
  - b. Strategies for avoiding exposure to allergen
  - c. Symptoms of allergic reactions
  - d. How and when to tell an adult if they are having an allergy related problem
- 6. Provide emergency contact information.
- 7. Provide as complete a list as possible of <u>unacceptable foods</u>, including brand names, as per the child's specific allergy.
- 8. Provide as complete a list as possible of <u>acceptable foods</u>, including brand names, as per the child's specific allergy.
- 9. Throughout the year, provide appropriate or alternative snacks for your child during class events/celebrations/parties when snacks are otherwise unacceptable for the child to eat due to his/her allergy.

## Responsibilities of the School

- 1. Review the child's health records submitted by parents and physicians.
- 2. Assure that all staff who interact with the child on a regular basis:
  - a. Understand a variety of childhood allergies
  - b. Can recognize allergic reactions/symptoms
  - c. Know what to do in an emergency. (Note: Appropriate actions could be slightly different for each child.)
  - d. Work with staff to protect (as possible) the allergic child's environment.
- 3. Practice the Allergy Response Action Plan before an allergic reaction occurs to assure the effectiveness of the plan.
- 4. Be sure that an emergency kit is available that contains a physician's standing order for epinephrine (or other prescribed medication) and that the kit is properly stored.
- 5. Be prepared to handle a reaction and assure that there is a staff member available who is trained to administer medication during the school day regardless of time or location.
- 6. Be sure information about the child is located where substitute teachers can easily locate it.

### Responsibilities of the Child

(As Age and Developmentally Appropriate)

- 1. Should not share or trade food with others.
- 2. Should not eat anything with unknown ingredients or known to contain an allergen.
- 3. Should be proactive in the care and management of his/her particular allergy and reactions, as developmentally able.
- 4. Should notify an adult immediately if he/she begins to experience an allergic reaction.